

**PaceDay**  
**2021**  
OCTOBER 16TH

# Rider

## HANDBOOK



Benefiting



**GEORGIA  
CANCER CENTER**  
AUGUSTA UNIVERSITY

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# Weekend Overview

## Packet Pick Up

**Friday, October 15th**  
**12 to 8 p.m.**

*Rider Check-in*

*Bike Drop Off at the Bike Corral*

*Bag Check/Drop Off*

*Augusta University  
Summerville Campus  
2500 Walton Way  
Augusta, GA 30904*

# Weekend Overview

## 50 & 100 Mile Start

### Saturday, October 16th

6:30 a.m.

#### *Paceline Opens*

- > Medical Services
- > Bike Maintenance
- > Bag Check (if not done Friday night)
- > Bike Pick-up at the Bike Corral
- > Light Breakfast Buffet (featuring fruit & coffee)

7:35 a.m.

*Riders Begin to Stage*

7:45 a.m.

*Riders Depart*

*Augusta University  
Summerville Campus  
2500 Walton Way  
Augusta, GA 30904*

## 25 Mile Start

### Saturday, October 16th

7:30 a.m.

#### *Paceline Opens*

- > Medical Services
- > Bike Maintenance
- > Bag Check (if not done Friday night)
- > Bike Pick-up at the Bike Corral
- > Light Breakfast Buffet (featuring fruit & coffee)

8:35 a.m.

*Riders Begin to Stage*

9 a.m.

*Riders Depart*

*Harlem High School  
1070 Appling Harlem Rd.  
Harlem, GA 30814*



# Weekend Overview

## Rest Stops

### Rest Stop #1A

25-mile Route

8:30 to 10:45 a.m.

Parkway Baptist Church

### Rest Stop #1

50 and 100-Mile Routes

7:30 to 10:00 a.m.

Grovetown Middle School

### Rest Stop #2A

50-Mile Route

8 a.m. to 12 p.m.

Powell Baptist Church

### Rest Stop #2

100-Mile Route

7:45 a.m. to 11:30 a.m.

Cobb Grove Baptist Church

### Rest Stop #3A

50-Mile Route

8:30 a.m. to 1 p.m.

Parkway Baptist Church

### Rest Stop #3

100-Mile Route

8:30 a.m. to 1:15 p.m.

Union Baptist Church

### Rest Stop #4

100-Mile Route

9:15 a.m. to 3 p.m.

Ridge Road Corner Store

### Rest Stop #5

100-Mile Route

10 a.m. to 3:45 p.m.

United Medical Enterprises Facility

### Rest Stop #6

100-Mile Route

10:30 a.m. to 5:15 p.m.

Lampkin Grove Baptist

In order to keep our Riders safe, please note that guests are not permitted to enter any of the rest stops along the route during Paceline weekend.

# Weekend Overview

## Overall Finish

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*10 a.m.*

### *Finish Line Opens*

- > Medical Services
- > Bike Maintenance
- > Bag Pick Up
- > Bike Check & Pick-up at the Bike Corral
- > Shower - Bring a towel
- > Merchandise Store

### *Lunch Buffet*

### *Live Music*

- > Guns for Hire—10:00 a.m.
- > Bodega Cats—11:30 a.m.
- > Joe Stevenson Band—1 p.m.
- > Black Dawg—2:30 p.m.
- > Coach—4 p.m.

### *Bag Pick-up*

*Rider Shuttles and Bike Trucks back to Augusta University and Harlem High School*

*Columbia County Amphitheater  
7022 Evans Town Center Blvd  
Evans, GA 30809*



# »»» Before the Ride

## Safety Guidelines

### *Rules of the Road*

When you registered to participate in Paceline, you agreed to abide by all of the following rules of the road at all times during Paceline weekend.

The ride is conducted on open roads. We do not close any roads for the ride. Motor vehicle traffic will be present throughout the entire course. Be aware of what's going on around you at all times. Police may be present in certain areas as support. However, it's the Rider's responsibility to watch out for traffic and other Riders. If you see or have any issues, call the **Rider Help Line at 1-833-988-7853**.



- > *Paceline is not a race.*
- > *Obey all traffic signs and signals.*
- > *Ride as far to the right of the road as possible, except to pass.*
- > *Pass on the left side only.*
- > *Communicate with your fellow Riders using proper cycling terms such as “on your left,” “car back,” etc.*
- > *Helmets must be worn at all times while riding.*
- > *Headphones, iPods, and radios are not permitted while riding.*
- > *Endangering the safety of your fellow Riders is strictly prohibited.*
- > *Please be aware of your fellow Riders and ride in control of your bike at all times (i.e. be able to stop within a reasonable distance).*
- > *Use proper hand signals when turning (see Tips for Safe Group Riding for the list of signals).*
- > *Make left turns from the center of road or left turn lane.*
- > *Cross railroad tracks at right angles to avoid dropping wheels into the space between the rails and road.*
- > *Do not cross the yellow center line regardless of passing zone.*
- > *Obey instructions from the Paceline road crew and pay attention to information posted on Paceline road signs.*
- > *Paceline signs will be white with navy letters or red with white letters.*
- > *Each Rider is expected to speak out when observing a violation. If spoken to, please listen and abide by the concern expressed.*

# »»» Before the Ride

## Tips for Safe Group Riding

### ***Be Predictable***

Group riding requires more predictability than riding alone. Other Riders expect you to continue straight ahead at a constant speed unless you indicate differently.

### ***Use Signals***

Use hand and verbal signals to communicate with fellow cyclists and with other traffic. Hand signals for turning and stopping are as follows:

- > Left Turn: Left arm straight out to the side.
- > Slow or Stopping: Left arm out and down with your palm to the rear.
- > Right Turn: Right arm straight out or left arm out and up.

### ***Give Warnings***

Warn cyclists behind you well in advance of changes in your direction or speed. To notify the group of a change in path, the lead Rider should call out "left turn" or "right turn" in addition to giving a hand signal.

### ***Change Positions Correctly***

Generally, slower traffic stays right so you should pass others on their left. Say "on your left" to warn the cyclist(s) ahead of you that you are passing. If you need to pass someone on the right say "on your right" clearly since this is an unusual maneuver.

### ***Announce Hazards***

When riding in a group, most cyclists do not have a good view of the road surface ahead, so it is important to announce holes, glass, sand, grates, and other hazards. The leader should indicate hazards by pointing down to the left or right and shouting "hole" or "bump" to alert cyclists behind them.

### ***Watch for Traffic Coming From the Rear***

Because those in front cannot see traffic approaching from the rear, it is the responsibility of the Riders in back to inform the others by saying "car back" when rounding curves on narrow roads, or when riding double. It is also helpful to warn of traffic approaching from the front with "car up."

### ***Watch Out at Intersections***

When approaching intersections that require vehicles to yield or stop, the lead Rider will say "slowing" or "stopping" to alert those behind to the change in speed. When passing through an intersection, some cyclists say "clear" if there is no cross traffic. Note that each cyclist is still responsible for verifying that the way is indeed clear. There will be a Paceline directional signage on the entire course.

### ***Leave a Gap for Cars***

When riding up hills or on narrow roads where you are impeding faster traffic, leave a gap for cars between every three or four bikes. That way a motorist can take advantage of shorter passing intervals and eventually move around the entire group.

### ***Move off the Road When You Stop***

Whether you are stopping because of mechanical problems or to regroup with your companions, move off the road so you don't interfere with traffic. When you start up again, each cyclist should look for and yield to traffic.

### ***Ride One or Two Across***

Ride single file or two abreast as appropriate to the roadway, traffic conditions, and where allowed by law. Most state vehicle codes permit narrow vehicles such as bikes and motorcycles to ride two abreast within the lane. Even where riding double is legal, courtesy dictates that you single up when cars are trying to pass you.

### ***Deviating From Route***

Rider safety is our number one priority. Please make sure to start only at the official starting area and avoid deviating from the route. Paceline staff tracks all Riders on the course at all times. If Riders deviate from the course, we are unable to properly monitor their location. For example, if you are registered to ride 45 miles, you should not plan to stop at the 20 mile finish and partake in the finish venue events. This will make it difficult for us to assess Riders who are still on the course.



# »»» Before the Ride

## Hydration & Nutritional Information



*Please remember to keep yourself well hydrated before, during, and after the ride, regardless of the weather.*

It is critically important to avoid dehydration by drinking water and sports drinks on a schedule throughout the ride (roughly one liter per hour, starting with water and switching to sports drinks after the first hour to two).

Do not rely on thirst—thirst only kicks in when you are already becoming dehydrated. It is also important, however, not to over-consume water. Over-hydration with straight water lacking sodium found in sports drinks may result in hyponatremia, sometimes referred to as water toxicity. This is a dangerous and potentially deadly condition that can be avoided by switching to primarily drinking sports drinks that contain at least 100mg of sodium after the first 1-2 hours of riding. Be sure to read the ingredient labels as many “sports beverages” contain far less than this minimum recommended amount of sodium. There will be water and sports drinks available at all rest stops.

Carbohydrate loading helps athletes participating in endurance events maximize energy storage to improve endurance and delay the onset of fatigue. Snacking on fruits that are potassium rich and pretzels that contain sodium will also help replenish nutrients the body loses during the ride. These and similar snacks will be available at every rest stop.

# »»» Before the Ride

## Paceline Medical Coverage

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First aid tents will be set up at the start, rest stops, and finish venues. SAG (Support and Gear) vehicles will patrol the route to provide immediate first aid assistance. These volunteers will offer basic first aid only.

### *Before the Ride*

Any situation requiring greater attention will be treated at the nearest medical facility via ambulance. While riding, please carry all your prescription medications and your health insurance card in your jersey/shirt or inside a small bike bag attached to your bike. The first aid staff will have no I.V. solutions or prescription medications. If you are in need of medical assistance while on the route, please call the Medical Director at the **Rider Help Line at 1-833-988-7853**. The Rider Help Line number will be provided for you on your Rider wristband. In the case of an emergency, please call 911 first, then the Rider Help Line so Paceline officials can track the incident and assist as necessary.

*Rider Help Line*

*1-833-988-7853*

# »»» Before the Ride

## Gearing Up for Your Ride

Please remember to have your bike tuned up PRIOR to Paceline weekend.

If you ride tubulars, you must carry a spare tire as we will not have extras.

If you would like to download the GPX files of the course for ride weekend, please [click here to download them](#).

In order to make your Paceline experience as safe and fun as we can, the Paceline ride is supported with various assets such as law enforcement, signage, and rest stops. If you choose to ride the Paceline route anytime other than event weekend, please ride at your own risk.

The following is a suggested packing list for Paceline weekend. Each Rider is permitted one duffel/backpack, which cannot exceed 20 pounds. Please bring only those items essential for the day. Please do not hang items from your luggage at any time during the week end as they could easily be lost.

**Please remember to attach the bag tag you receive in your Rider Credentials Packet before turning in your bag.**

## Packing List

- > *Helmet*
- > *Tuned-up bike with hand pump and at least two CO2 cartridges & nozzle*
- > *Saddle bag with tire levers, patch kits, two spare inner tubes, and cycling multi-tool*
- > *Cycling shoes, cycling shorts and/or tights, cycling shirt or jersey, socks, gloves*
- > *Extra water bottle*
- > *Sunglasses*
- > *Sunscreen*
- > *Lip balm*
- > *Cell phone for emergency use only (in a ziplock bag—carry with you)*
- > *Identification, money/credit card, insurance card (carry with you)*
- > *Prescription medication and car/house keys (carry with you—do not pack in luggage)*
- > *Casual clothes/shoes for after the ride*
- > *Rain gear*
- > *Sweatshirt or fleece*
- > *Plastic bag(s) to protect dry clothing in case of rain and to pack wet items*

# »»» Ride Weekend

## Packet Pick-Up

### *Rider Check-In*

After parking, Riders should proceed to the Rider Check-in area. Each Rider must present a valid ID to receive their Rider Credentials Packet, which includes a Rider wristband.

The Rider wristband is the Rider's passport to Paceline weekend. Volunteers will fasten the Rider wristband to each Rider. Please **DO NOT** take off your Rider wristband until you leave Paceline for the last time. **NO ONE** will be permitted to ride on Saturday without a Rider wristband. The Rider Credentials Packet will also include a bike tag, helmet sticker, and bag tag.

### *Late Rider Check-In*

For any Rider who is unable to attend Packet Pick Up on Friday evening, the Rider Check-in area will be open early on Saturday morning. If you must take advantage of early morning check-in, **PLEASE ARRIVE BY AT LEAST 7 a.m. on Saturday morning for the 50 and 100-mile start at Augusta University, and 8 a.m. for the 25-mile start at Harlem High School.**

### *Bike Storage for 25, 50, & 100-mile Riders Bike Corral*

On Friday, Riders are encouraged to turn in their properly tagged bikes at the Bike Corral. Paceline volunteers will help park and rack the bikes. The bikes for the 50 and 100-Mile Riders will be safely secured at the Summerville Campus for Saturday. Bike for the 25 Mile Riders will be transported to Harlem High School and safely secured for your start there on Saturday.

On Saturday morning, Riders will return to the Bike Corral at their start venue to pick up their bikes. Upon leaving the corral, volunteers will compare the number on the Rider wristband to the Rider bike tag to verify identification.

### *Bike and Bike Tags*

Riders should securely attach bike and bag tags to their property before handing them over to Paceline volunteers.

Paceline volunteers will be unable to accept any bags that are not properly tagged. Any unidentified or unclaimed bikes or bags will be taken to the Paceline office to be claimed after the ride.

### *Bike Maintenance/Repairs During Ride*

Please plan to tune up your bike prior to bringing your bike to Paceline weekend. However, if you need emergency assistance on Friday evening, bike mechanics be located near the Bike Corral to assist you with minor adjustments and repairs. Bike mechanics will also be available at the Saturday morning start.

Flat tires are a common occurrence over the course of the ride. To best be prepared, it is helpful to carry a tube changing kit with the knowledge of how to use it.

If you are unable to change the flat yourself, please call the **Rider Help Line at 1-833-988-7853** and a Support and Gear vehicle will be deployed to your location to transport you to the nearest rest stop for assistance. For safety reasons, mechanical repairs will not be done along the roadside.

### *Bags and Bag Storage*

Every Rider can check in one bag for Paceline. We ask that Riders bring only those items that are essential. Riders may choose to turn in their tagged bags at the Bag Check-in area. Paceline volunteers will sort the bags and deliver them to the overall finish venue in Evans.

### *Beverages*

A variety of beverages (water, soft drinks, beer, and wine) will be available at the overall finish venue. For those who wish to enjoy alcoholic beverages, a valid ID must be presented to beverage staff verifying legal drinking age at all venues you attend. Staff will place an Over 21 wristband to be worn the remainder of the day. Alcoholic beverages will not be served to anyone who is not wearing a proper Over 21 wristband.

### *Medical Assistance*

If you need assistance with a medical question or issue, medical volunteers will be available at the ride. Please note that medical volunteers will not be dispensing supplies or medications prior to the ride, unless there is an emergency at which time appropriate EMT support will be contacted to assist.

# »»» Ride Weekend

## During the Ride

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### *Bike Pick-Up on Saturday Morning*

Riders who dropped off their bikes Friday night should report to the Bike Corral upon arrival on Saturday morning to pick up their bikes and begin preparing for the start of the ride.

### *Staging & Start of the Ride*

All Riders will be staged in designated starting groups for the commencement of the ride. Groups are determined by ride distance, with Riders going the farthest being released first.

Riders should not enter the starting chute until their staging group has been called. The route is very crowded at the start of the ride. At this point, especially, it is extremely important for all Riders to adhere to the rules of the road previously mentioned.

Remember, Paceline is a not a race. Please be patient, careful, and courteous to those around you. After this initial phase, the group will slowly spread out and Riders can settle into a comfortable pace for the duration of the ride.

### *Guests at the Commencement of the Ride*

We encourage guests to join us to send off the Riders on Saturday morning. Guests should plan to park and walk to a spot to watch Riders depart from both Augusta University and Harlem High School.

### *Rider Help Line*

If you need assistance for any reason during the ride and cannot locate a Paceline volunteer, please call the **Rider Help Line 1-833-988-7853**.

### *Medical Assistance*

Medical assistance will be available at every stop along the route, including the start of the ride. Please remember volunteers will provide only basic first aid services and will not dispense any medication. EMTs will be on call throughout the day and at appropriate locations along the route.

### *Signage*

All Riders need to follow all traffic lights and signs while on course. Please pay careful attention to Paceline signage along the route. Paceline signs will be white with navy letters or red with white letters. In addition to directing Riders, signs will identify specific areas where Riders should be particularly cautious of oncoming traffic or hazardous road conditions. Please also pay attention to any signage at the rest stops, which will warn of dangerous heat indexes or other weather conditions.

### *Support Vehicles/Volunteers—Supply & Gear Vehicles*

Support and Gear vehicles will be patrolling the route with volunteers inside to assist Riders as needed. If you have a mechanical or medical incident on course, please contact the **Rider Help Line 1-833-988-7853** and a vehicle will be deployed to your location to pick you up. You will be transferred to the nearest rest stop for assistance. For safety reasons, mechanical repairs will not be done along the roadside. If you have a medical emergency, please call 911 first, then the Rider Help Line.

### *Personal Support Vehicles*

Because Paceline has arranged for a significant number of Support and Gear vehicles and volunteers to monitor the entire route, we respectfully request that Riders DO NOT have personal support vehicles follow them along the route. Although Riders will be proceeding along public roads, the route is obviously safer when there are fewer vehicles traveling on it.

# »»» Ride Weekend

## During the Ride (continued)

### ***Riding Farther Than Your Chosen Finish***

If a Rider wishes to ride farther than his or her chosen finish area, this must be determined PRIOR to the event start and communicated with Paceline's Momentum Officer, Cayla Long.

Cayla can be contacted at [clong@pacelinride.org](mailto:clong@pacelinride.org).

### ***Finish Line Celebrations***

There will be an overall celebration in Evans for all distances.

Columbia County Amphitheater  
7022 Evans Town Center Blvd  
Evans, GA 30809

The finish line celebration is meant to celebrate not only the Rider's physical accomplishments, but more importantly, their fundraising commitments.

### ***Guests at Finish Line Celebrations***

We encourage family and friends to come and cheer on Riders as they arrive at the Evans finish line. The food and beverages at each finish are intended for the Riders. Space may be limited, so to guarantee a ticket for additional guests, we encourage you to purchase tickets before ride weekend.

\$45—Adult

\$15—Children ages 6-12

Free—Children under 6

### ***Rider Shuttles at Finish Areas***

Buses will return all Riders from the finish venue to their cars at both Augusta University and Harlem High School. Paceline has done its best to anticipate the flow of Riders during the event and has planned the shuttle schedule from each finish area accordingly.

Please understand that, in order to run the shuttles efficiently, Paceline must fill a shuttle bus before it can leave the finish area. Thus, if you are a Rider who finishes your ride well in advance of other Riders, you may have to wait a bit longer than others for your shuttle to depart. Please be patient with this process. We will provide ample food, beverages, and entertainment while Riders are waiting for a shuttle to fill.

If you know you must leave your finish area by a specific time, please consider having someone meet you at your finish to transport you and your bike back home.

# »»» Ride Weekend

## During the Ride (continued)

### *Bike Transportation from Finish Areas*

If you are taking a shuttle back to Augusta University or Harlem High School, you should immediately take your bike to the designated bike trucks upon arrival at your finish area. Volunteers will help load the bikes onto the trucks safely and securely. Bikes will be wrapped in moving blankets.

Paceline will do its best to orchestrate the return of the bikes to the start lines before or at the same time the shuttles return with Riders. However, in order to ensure your bike returns in a timely manner, please take your bike to the bike truck as soon as you finish.

### *Showers*

A shower trailer will be available at the finish in Evans for all Riders. Please supply your own toiletries and towels.

### *Weather Conditions*

Weather is unpredictable and rain is a very real possibility. Barring severe weather emergencies, Paceline continues despite poor weather conditions. Riders should be prepared for high winds, temperatures ranging from 50-100° F, heavy rainfall or a combination of conditions. Paceline will be communicating to Riders and volunteers the potential for adverse weather conditions and warnings via text message.

Paceline will utilize the Event Alert System (EAS) as a visual aid for communicating to Riders and volunteers the potential for adverse weather conditions. A series of color codes will be used to indicate increasing severity of adverse conditions. The color-coded signs will be placed at the Medical Tent at each rest stop and Venue during the event.

#### **Green (Low)**

Good conditions: Enjoy the event—be alert!

#### **Yellow (Moderate)**

Less than ideal conditions: Slow down—be prepared for worsening conditions.

#### **Red (High)**

Potentially dangerous conditions: Slow down—observe course changes—follow official instructions—consider stopping.

#### **Black (Extreme)**

Event canceled/extreme and dangerous conditions: Participation stopped—follow event official instructions.

## Riders

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### *Rider Check-In*

#### **Where/when is Rider Check-in?**

Riders may check in at Augusta University Summerville Campus, 2500 Walton Way, between 12 to 8 p.m. on Friday, October 15. On Saturday morning, there will also be Rider Check-in from 6:30 to 8 a.m. at August University for 50 and 100-mile riders, and from 7:30 a.m. to 9 a.m. at Harlem High School for 25-mile riders.

#### **What should I bring with me to Rider Check-in?**

Please bring a valid ID to receive your Rider Credentials Packet, which contains your Rider wristband. No one will be allowed to ride without a Rider wristband.

#### **Do I have to wear my Rider wristband all weekend?**

Yes, your Rider wristband is your passport to Paceline, so it must be worn in order to participate in the weekend. The wristband also contains all of your vital information for your safety. If you are not wearing your Rider wristband, you may be prohibited from participating in Paceline activities.

### *The Ride*

#### **How far do we have to ride at once?**

Saturday ride lengths are 25 miles, 50 miles and 100 miles.

There will be rest stops along the route approximately every 12-20 miles. Beverages, food, mechanical support, and medical assistance are available at every stop. The Support and Gear vehicles will also patrol the route to provide assistance if needed. For safety reasons, mechanical repairs will not be done along the roadside.

#### **Can I download the route files for ride weekend?**

If you would like to download the GPX files of the course for ride weekend, please [click here to download them](#).

In order to make your Paceline experience as safe and fun as possible, the Paceline ride will have various support assets such as law enforcement, signage, and rest stops. If you choose to ride the Paceline route anytime other than event weekend, please ride at your own risk.

#### **What if I want to ride farther and increase my fundraising commitment on the day of the ride?**

For safety and logistical planning, we must know which Riders are on the route at all times. If you decide to ride farther than the route you originally registered for, this must be determined PRIOR to the event start and communicated with Paceline's Momentum Officer, Cayla Long.

Cayla can be contacted at [clong@pacelinride.org](mailto:clong@pacelinride.org).

#### **What if I can't finish my route?**

Paceline is a fully supported ride. Support and Gear vehicles will be patrolling the entire route to assist Riders and help them reach the nearest finish, if necessary. If you do not see an accessible Support and Gear vehicle, please call the **Rider Help Line at 1-833-988-7853**.



## Riders (continued)

### *Bike Maintenance and Storage*

#### **Where/when can I get my bike serviced?**

Bike mechanics will be located at every stop on the route, including the start site. However, please tune up your bike before Paceline weekend.

#### **What if my bike breaks during the ride?**

Support and Gear vehicles will patrol the entire route to assist Riders with emergency repairs. If you have a mechanical issue on the route, please call the **Rider Help Line 1-833-988-7853**.

For safety reasons, mechanical repairs will not be done along the roadside.

#### **Where do I park my bike overnight?**

On Friday, all Riders may leave their bikes in the secure, overnight Bike Corral if they choose.

#### **Where do I park my bike after the finish?**

If you are taking the shuttle back to Augusta University or Harlem High School, please take your bike to the bike trucks at the finish. Make sure to put your bike on the truck for your intended destination. If you are not taking the shuttle back to either start line, please take your bike to your car or park it at the site until your car arrives.

### *Rest Stops*

#### **Where are the rest stops?**

There are rest stops approximately every 12-20 miles.

### *Food/Beverages*

#### **Will food and beverages be provided?**

Yes, there will be food and beverages at the finish and snacks and beverages at every rest stop.

### *Medical Questions*

#### **Where do I seek medical attention?**

There will be medical volunteers at stops and in Support and Gear vehicles that patrol the route. EMS and local hospitals will also be on call. Please keep in mind that medical volunteers will perform basic first aid only and will not be carrying any I.V. fluids or prescription medicines. Medical emergencies requiring more than basic first aid will be treated at the nearest hospital. If you are in need of medical assistance while on the route, please call the Medical Director at the **Rider Help Line at 1-833-988-7853**.

In case of an emergency, please call 911 first, then the Rider Help Line, so event officials can track the incident and assist as necessary.

### *Transportation*

#### **How often will shuttles run?**

We will do our best to run shuttles as often as possible, but please remember that the times between shuttle departures may vary. We encourage every Rider to enjoy food, beverages, and entertainment after they complete the ride. If you need to leave immediately after reaching your finish area, we recommend that you arrange to have someone meet you at your finish.

#### **Can I bring my bike on the shuttle?**

Bikes will be transported on bike trucks. Due to space considerations, bikes will not be permitted on the shuttles.

## Families & Other Supporters

### Where can I cheer for my Rider along the route?

We encourage guests to cheer on Riders as they proceed along the route and arrive at their finish areas. See an overview of the route here. When traveling to a particular portion of the route, guests should make every effort to travel along alternative roads in order to keep the route as clear of cars as possible.

Guests should also park far away from the route in order to keep those roads clear and safe for Riders. At finish celebrations, guests must follow all instructions provided by members of law enforcement and Paceline volunteers and should look for signage directing them to designated parking areas. Please note that guests are not invited to enter any of the rest stops along the route for any reason as it endangers the Riders who are entering and exiting the properties.

Additionally, please note that putting spray paint on public roads in an effort to cheer on Riders is strictly prohibited by law.

We encourage family and friends to come and cheer on Riders as they arrive at a particular finish line. The food and beverages at each finish are intended for the Riders. However, guests will be able to purchase a ticket for the finish venues to enjoy the food and beverages along with the Riders. Tickets may also be purchased at the venue. Space may be limited, so to guarantee a ticket for additional guests, we encourage you to purchase tickets before ride weekend.

\$45—Adult

\$15—Children ages 6-12

Free—Children under 5



*If you've read this playbook,  
it's a pretty safe bet that  
you'll be prepared for  
everything Paceline has in  
store for you... enjoy the ride!*

*We'll see you  
Friday October  
15th!*

*The Paceline Team*